LHS School Counseling Department

Underclassmen Brag Sheet

Please answer the following questions if you are planning to apply for a summer program that requires a counselor letter of recommendation.

1. What program are you applying to and why did you choose this particular program?
2. What are your main academic interests?
3. Which courses have you enjoyed the most at LHS so far? Why?
4. List any extra-curricular activities in which you have participated. What has been meaningful to you about these activities?

1. What honors, awards or special recognitions have you received, if any?
2. Please share any volunteer service, employment or group activities in which you participate/have participated outside of school. What impact have these experiences had on you?
3. Have you taken any classes outside of LHS? Please list class title(s), date(s), and location(s), and briefly discuss what you gained from the experience.
4. If your friends were asked to describe you, what would they say and why?
5. Tell me about something in your life for which you are most proud.
6. What do you consider your greatest personal strengths and weaknesses?